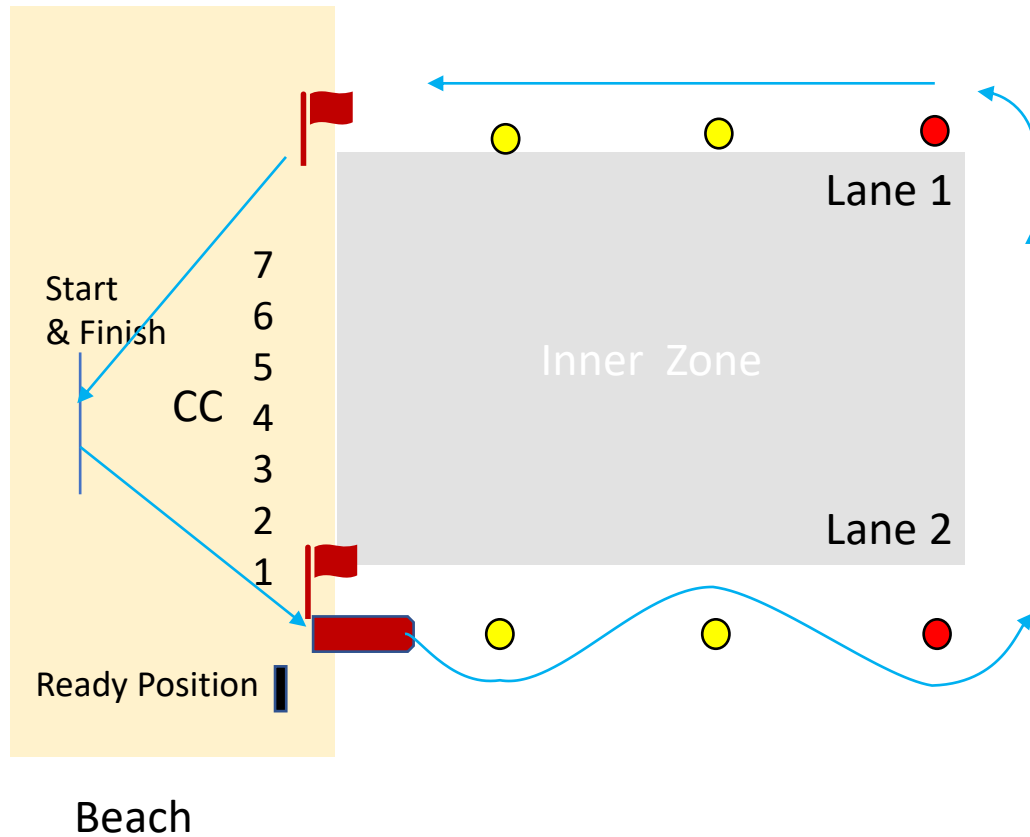


Processional Time Trial



THE COURSE

Run of 10-50m / Row of 525m / Run of 10-50m

1. One of the crew will run from the start line, to the boat on the water in Lane 2 and enter the boat.
2. The crew will race 250m out to the end buoy, passing outside the 1st buoy slalom inside the 2nd buoy.
3. At the end of Lane 2, the crew will turn 90 degrees, passing outside the buoy, and row 25-30m to the Lane 1 end buoy and turn 90 degrees.
4. At the Lane 1 end buoy, the crew will again turn 90 degrees toward the beach, passing outside the buoy.
5. The crew will row 250m straight back to shore in Lane 1, keeping outside of all of the buoys.
6. Once on the shore one of the crew will run around the outside of the Lane Flag, up the beach to the finish line.

Note: The water area inside the Lane Flags, slalom buoys and end buoys, is termed the inner zone. This area is for crews that are being overtaken, have equipment failure or are retiring from the race.

Boat Preparation

Crews in the time trial must report to Control Commission (CC) to receive their boat, immediately when it comes off the water. Each crew and their boat handlers will have 3-4 minutes to prepare their boat and move it to the ready position.

